



Symptoms Checklist

How do I know if I'm having a transient ischemic attack (TIA)?

Keep this checklist handy to remind you of the symptoms of TIA. If you have one or more of these symptoms, or you recognize them in someone you know, get to an emergency room or see your doctor immediately.¹

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden trouble seeing in one or both eyes
- Sudden confusion, trouble speaking or understanding
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause

If you are experiencing or have experienced any of these symptoms in the past, get to an emergency room or see your doctor immediately.

Learn more at TalkAboutTIA.com

1. American Heart Association/American Stroke Association. Transient Ischemic Attack, 2008. <http://www.americanheart.org/presenter.jhtml?identifier=4781>. Accessed September 19, 2008.